

**RESOLUTION
OF THE
SEMINOLE COUNTY BOARD OF COUNTY COMMISSIONERS
RECOGNIZING THE CELEBRATION OF
THE 15 YEAR ANNIVERSARY OF CORE
(CENTER OF RECOVERY & EXERCISE)
AND THE CORE FOUNDATION IN SEMINOLE COUNTY**

WHEREAS, CORE was established in 2011 to provide an Activity Based Training program to optimize the function, health, and independence for those with paralysis from spinal cord injuries and other neurological injuries and disorders; and

WHEREAS, the CORE FOUNDATION was established in 2011 to support individuals who otherwise could not afford an Activity Based Training program that is proven to improve their physical, mental, and clinical outcomes; and

WHEREAS, the majority of CORE and CORE FOUNDATION clients reside in Central Florida; and

WHEREAS, many clients travel to CORE because the Activity Based Training program is not available where they reside in other parts of Florida, other States, and other Countries; and

WHEREAS, CORE provides unique access to Aquatic Activity Based Training in a state-of-the-art SwimEx Pool; and

WHEREAS, CORE provides a bridge in the gap between traditional rehabilitation and the lifelong demands of paralysis, helping individuals “move beyond” their limitations, live an active lifestyle, and prevent secondary medical complications; and

WHEREAS, CORE established in 2016 the Rock Steady Boxing Orlando program which enables people with Parkinson’s disease to fight their disease and gives hope for improving their quality of life through a non-contact boxing-based fitness curriculum; and

WHEREAS, CORE and the CORE FOUNDATION are committed to providing these life-enhancing services in Central Florida and specifically in Seminole County;

NOW, THEREFORE, BE IT RESOLVED, that we, the Board of County Commissioners of Seminole County, Florida, do hereby congratulate CORE and the CORE FOUNDATION on this milestone achievement of 15 years of service to Central Florida and Seminole County.

ADOPTED this 14th day of July 2026

Andria Herr, Chairman
Seminole County Board of County Commissioners